



American Legion Baseball is the oldest and best disciplined amateur baseball program in the country. The American Legion, an organization comprised of veterans, believes operating a well-disciplined baseball program with emphasis on sportsmanship, team loyalty, and the highest level of sportsmanship and individual leadership. Our coaches will insist on these positive qualities throughout the season.

There are several rules all players are required to follow in order to be considered eligible for Post #24, Aberdeen, SD competition. Conduct is expected to be positive and becoming.

Here is a list of our Team Rules:

1. The purchase, distribution or use of alcohol, tobacco or any other drug by a player without written consent of a licensed, practicing physician is prohibited.
2. Foul language on or off the field is prohibited.
3. Throwing and/or abuse of equipment is prohibited. In the event that equipment is thrown/abused and damaged, the player will be expected to reimburse Post #24 for replacement costs.
4. Haircuts are expected to be tasteful.
5. Jewelry is allowed within the parameters of Legion baseball rules and umpire's discretion.
6. Uniforms should be kept clean, in good repair, and always tucked in when applicable; from pregame until the game is completed. Uniforms will be worn correctly.
7. Hats should be worn correctly (i.e. straightforward) when applicable. Rally caps are acceptable when appropriate.
8. Players will sprint to and from their positions. Players will run at full speed on all ground balls and fly balls, no matter how "inevitable" a putout might appear.
9. No spectators are allowed in the dugout during a game. This includes parents, family members, friends, girlfriends, scouts, etc.



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10. Players are allowed to leave the dugout during a game for the following reasons only: to retrieve a foul ball, go to the bathroom, warm up/stretch/throw, or in a medical or weather related emergency. Players are expected to perform the necessary function and return to the dugout without incident. Any other request to leave the dugout should be discussed with and approved by a member of the coaching staff.
11. When traveling to and from contests, the team will meet at a designated location. It is acceptable for players to travel to and from games with parents, but it is mandatory that a member of the coaching staff be informed of your intentions. When returning home after a road trip, all players traveling with the team will meet at the drop off point prior to dismissal. No one should leave until the coaches have returned and all are accounted for. Volunteer parent/guardian drivers to and from games will be assigned when necessary.
12. Any player who commits a criminal offense faces possible dismissal from the team. The commission of a felony offense by a player will result in immediate expulsion from the team. It should be noted that theft of any kind will not be tolerated and will result in immediate expulsion from the team.
13. Occasionally, the team will travel out of town and stay overnight at a hotel. Room assignments for players will be designated by coaches. Rooms are expected to be kept neat and clean. Any damage performed to a room is the financial responsibility of the player and his parent or guardian. Under no circumstance whatsoever will a female guest be permitted in a player's hotel room while unchaperoned by an adult, coach or parent. Coaches will discipline in an appropriate manner if issues occur.
14. All players are required to help carry equipment at practices and at games.
15. Altercations between team players or opposing players are discouraged and prohibited. While tempers can flare unexpectedly, any fighting will be disciplined by immediate suspension and probable dismissal from the team.
16. All players/guardians are expected to inform a member of the coaching staff in the event a practice or game is to be missed. Coaches will discipline in an appropriate manner if issues occur. Summer schedules can be very busy with family vacations, camps, etc. These schedules are generally known well in advance and the dates should be shared with the head coach before the season starts in many cases.
17. All rostered players must submit a copy of a certified birth certificate prior to the first game of the season. Any player who fails to submit a proper birth certificate is not eligible for competition.



18. No players will be allowed to miss practices or game during the week(s) of the Legion post season (District Tournament, Divisional Tournament, Department Tournament, Regional Tournament or World Series). During the aforementioned times, the program assumes Legion Baseball is your priority. If you know there is an unavoidable conflict between a summer camp or training commitment and the Legion post season, please do not tryout. You will not be rostered. In fairness to all who wish to compete, open tryouts are held annually. No roster position is held for any player, returning or non- returning.
19. Players are expected to uphold the Legion Code of Sportsmanship at all times. In short: players will keep their temper regardless of victory or defeat, be good sportsmen and never heckle opposing players, umpires or spectators. Unless otherwise indicated, the penalties for any of the aforementioned rule violations will be dealt with by the coaching staff. All coaching staff disciplinary decisions are final.
20. No parent, family members, or friends are permitted to heckle, harass or use derogatory, profane or vulgar remarks or gestures towards the opposing team, coaches or umpires. Again, the members of Post #24 believe in sportsmanship. Any parent, family member, friends or fans that violate this rule will be asked to leave the ballpark immediately.
21. Post #24 has accident, liability and medical insurance coverage policies for all rostered players and coaches. A copy of the applicable policy can be made available upon request.
22. Flagrant and blatant disrespect for the American flag will not be tolerated! The American Legion requires suspension for one year if this occurs.
23. Playing time will be determined by the coaches. There is NO GUARANTEE of playing time. The philosophy of the AHA board and coaches is that "Playing time is earned by productive practice, hard work, dedication and ability". Other facets may contribute to playing time, including but not limited to: effort, ability, taking advantage of opportunities, respect, attitude, etc. The goal is to get every player playing time which should be achieved during a double header. It won't always happen in the first game and/or in one game situations. The coaches are in charge of this, not the board or the parents.
24. Players, coaches and fans represent the Aberdeen Hardball Association, and the parents along with the city of Aberdeen. Make all of us proud.

These are rules we will live by!



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